



**IJPPR**

INTERNATIONAL JOURNAL OF PHARMACY & PHARMACEUTICAL RESEARCH  
An official Publication of Human Journals

ISSN 2349-7203




Human Journals

Research Article


August 2020 Vol.:19, Issue:1

© All rights are reserved by Bushra Rayees Ahmed Khalfay et al.

## Formulation, Optimization, and Evaluation of Buccal Gel Loaded Polymeric Microspheres of Anti-Hypertensive Drug Cilnidipine



**IJPPR**  
INTERNATIONAL JOURNAL OF PHARMACY & PHARMACEUTICAL RESEARCH  
An official Publication of Human Journals



**Bushra Rayees Ahmed Khalfay\*<sup>1</sup>, Sheela Yadav<sup>2</sup>,  
Avinash Poojari<sup>3</sup>**

1. Research Scholar, Department of Pharmaceutics,  
H.K. College of Pharmacy, Oshiwara, Jogeshwari (W),  
Mumbai- 400102, India.

2. Associate Professor (HOD), Department of  
Pharmaceutics, H.K. College of Pharmacy, Jogeshwari  
(W), Mumbai- 400102, India.

3. Research Scholar, Department of Pharmaceutics,  
H.K. College of Pharmacy, Oshiwara, Jogeshwari (W),  
Mumbai- 400102, India.

**Submission:** 24 July 2020  
**Accepted:** 30 July 2020  
**Published:** 30 August 2020

**Keywords:** Cilnidipine, Polymeric microspheres, Ionic gelation technique, Buccal cavity

### ABSTRACT

The buccal drug delivery system is gaining high importance due to its faster absorption, no first-pass metabolism, and patient compliance. Cilnidipine is a 4<sup>th</sup> generation calcium channel blocker belonging to dihydropyridine class which is indicated in the treatment of hypertension. Due to the low aqueous solubility of cilnidipine, an attempt was made to develop an optimized polymeric microsphere of cilnidipine. In the present study, polymeric microspheres of cilnidipine were prepared by ionic gelation technique. Polymeric microspheres were then loaded in gellan gum gel for its application on the buccal cavity. Optimization of drug-loaded polymeric microspheres was carried out to check the influence of various parameters on particle size, % drug entrapment, and drug release. Cilnidipine loaded polymeric microspheres were then characterized for micromeritics properties, particle size, surface morphology characteristics, % drug entrapment efficiency, in-vitro drug release, and permeation studies and its comparative in-vitro drug release study was carried with marketed formulations Cilacar and Dilnip tablets. Gellan gum was also characterized for its appearance, pH, viscosity, refractive index, and spreadability.



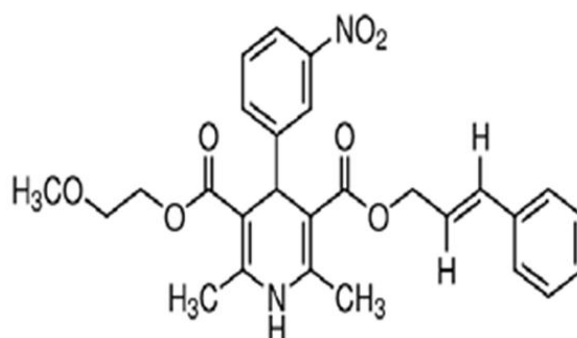
[www.ijppr.humanjournals.com](http://www.ijppr.humanjournals.com)

## 1. INTRODUCTION:

Sustained release drug delivery is designed to release a drug at a predetermined rate by maintaining a constant drug level for a specific period with maximum therapeutic efficacy and minimum side effects. Sustained release drug delivery system (SRDDS) provides optimal therapy in terms of efficiency, reduces the frequency of dosing, targets the drug at the site of action thus increasing the effectiveness of the drug, provide uniform drug delivery, safety as well as patient compliance (1).

Microspheres are characteristically free-flowing powders with particle size in the range of 1-1000  $\mu\text{m}$  consisting of proteins or synthetic polymers which are biodegradable (2). Microencapsulation is a process by which biologically active substance is encapsulated with a continuous film of polymeric material generally to enhance its shelf life and improve its performance (3).

Cilnidipine is chemically known as 1,4-dihydro-2,6-dimethyl-4-(3-nitrophenyl)-3,5-pyridine carboxylic acid 2-methoxyethyl(2E)-3-phenyl-2-propenyl ester (Figure no: 1), is the fourth-generation calcium channel blocker belonging to the dihydropyridine class which is indicated in the treatment and management of hypertension, Cilnidipine acts on the L-type calcium channel of blood vessels by blocking the influx of calcium and suppressing the contraction of blood vessels, thereby reducing blood pressure. As per the BCS, cilnidipine belongs to the class II drug which has low aqueous solubility and high permeability. Due to the low aqueous solubility of cilnidipine, it has poor oral bioavailability. Therefore, in the present study, an attempt was made to develop and characterize an optimized polymeric microsphere using sodium alginate as a polymer and calcium chloride as a cross-linking agent to improve oral bioavailability of the poorly soluble drug (4).



**Figure No. 1: Chemical Structure of Cilnidipine**

## 2. MATERIALS AND METHODS:

Cilnidipine gift sample available from Purechem Pvt. Ltd. Ankleshwar and J.B. Chemicals, Pvt. Ltd. Mumbai while Sodium alginate, Calcium chloride, Castor oil was purchased from Vishal Chem, Mumbai. Gellan gum for gel preparation was brought from CP Kelco.

### 2.1. Saturation solubility of cilnidipine:

Saturation solubility of cilnidipine was carried out in different oils (castor oil, groundnut oil, mustard oil, sesame oil, almond oil, and linseed oil) by using Microcontroller benchtop shaking incubator (LABTOP) (5). The saturation solubility data is given in Table no: 1.

**Table No. 1: Saturation solubility data of cilnidipine.**

Oils	Amount of API solubilized (mg) / 2ml
Castor oil	17.5 mg
Groundnut oil	14.6 mg
Mustard oil	6.32 mg
Sesame oil	3.9 mg
Almond oil	7.6 mg
Linseed oil	0.9 mg

### 2.1. Preparation method of microspheres:

#### 2.1.1. Preparation of calcium alginate microspheres:

The calcium alginate microspheres were prepared by ionotropic gelation method. Calcium alginate microspheres formed as a result of the reaction between sodium alginate and calcium chloride.

#### 2.1.2. Preparation of drug solution:

6 mg of Cilnidipine was dissolved in 0.5 ml of castor oil (6).

#### 2.1.3. Preparation of Sodium alginate solution:

2.5% w/v sodium alginate solution was prepared by dissolving 2.5 gm of sodium alginate in 100 ml of distilled water. The polymeric solution was then allowed to stand in a sonicator for the removal of entrapped air bubbles (6).

#### **2.1.4. Preparation of primary emulsion:**

The drug solution was added to the sodium alginate solution and stirred vigorously to obtain primary emulsion (o/w) (6).

#### **2.1.5. Preparation of Calcium chloride solution:**

40% w/v calcium chloride solution was prepared by dissolving 40 gm of calcium chloride in 100 ml of distilled water (6).

#### **2.1.6. Preparation of polymeric microspheres:**

The resulting primary emulsion (o/w) containing drug was added dropwise from the distance of 5 cm using a 22G syringe needle to the calcium chloride solution at temperature  $37\pm0.5^{\circ}\text{C}$  and speed at 2100 rpm set on a magnetic stirrer (REMI MS-500). Formed microspheres were left for a specified time for curing. After curing, polymeric microspheres were collected by filtration and washed with formaldehyde to harden the microspheres. Collected microspheres were allowed to dry at room temperature until the microspheres are completely dried. The dried microspheres were weighed and stored for further evaluation (7-13).

#### **2.1.7. Preparation of Gellan gum gel:**

1.5 gm of gellan gum gel was dissolved in 100 ml of distilled water (1.5%). Gellan gum gel was prepared by using a magnetic stirrer (REMI MS-500) operated at 520 rpm. Polymeric microspheres were then incorporated in gellan gum gel (14).

#### **2.1.8. Optimization parameters:**

- a. The concentration of sodium alginate
- b. The concentration of calcium chloride
- c. Stirring speed
- d. Needle size

The above-mentioned parameters influence the microsphere's size, % drug entrapment efficiency, and drug release. So, there is a need to optimize the above parameters to obtain

the optimized polymeric microspheres in terms of microspheres size, % drug entrapment efficiency, and drug release (15).

## 2.2.EVALUATION OF POLYMERIC MICROSPHERES:

### 2.2.1. Micromeritics properties: (16,17).

#### 2.2.2. Bulk density:

Polymeric microspheres are transferred to a graduated measuring cylinder. The volume filled is bulk and it includes the true volume of the microspheres and the void space among the polymeric microspheres. The bulk density is calculated by the formula (1).

$$\text{Bulk density} = \frac{\text{Mass of polymeric microspheres}}{\text{Bulk volume}}$$

#### 2.2.3. Tapped density:

Polymeric microspheres in graduated measuring cylinder were tapped for 100 times. After completion of tapping, the volume of polymeric microspheres was visually examined. The tapped density is calculated by the formula (2).

$$\text{Tapped density} = \frac{\text{Mass of polymeric microspheres}}{\text{Tapped volume}}$$

#### 2.2.4. % of Carr's index:

$$\% \text{ of Carr's index} = \frac{\text{Tapped density} - \text{Bulk density}}{\text{Tapped density}} \times 100$$

#### 2.2.5. Hausner's ratio:

$$\text{Hausner's ratio} = \frac{\text{Tapped density}}{\text{Bulk density}}$$

#### 2.2.6. The angle of repose (Θ):

The angle of repose measures the resistance to particle flow which was determined by the fixed funnel method. Accurately weighed polymeric microspheres were allowed to pass freely through the funnel on to the surface. The radius and height of the cone of powder were measured and the angle of repose was calculated using the formula:

$$\Theta = \tan^{-1} \frac{h}{r}$$

#### 2.2.7. Particle Size and Shape:

Polymeric microsphere's size was measured using the Optical stage micrometer (Micro lab). About 100 polymeric microspheres were randomly picked and evaluated for its size. The shape of the polymeric microspheres was visually examined (18).

#### 2.2.8. Surface morphology of the microspheres:

The morphological characteristics of the polymeric microspheres were obtained by Scanning Electron Microscope (SEM) (JEOL JSM-7600F) under vacuum. The mounting of dried microspheres was carried out by the gold sputter technique. The sample was then loaded in the SEM chamber. The samples were then randomly scanned, and the photomicrographs were recorded (19,20).

#### 2.2.9. Fourier Transform Infrared Spectroscopy:

The FTIR spectrum for drug cilnidipine, sodium alginate, and calcium chloride was recorded using the potassium bromide technique. FTIR spectrophotometer (LAB INDIA) was operated from wave number 400-2000  $\text{cm}^{-1}$  (21).

#### 2.2.10. % drug entrapment efficiency:

10 mg accurately weighed polymeric microspheres were taken and crushed in a mortar with pestle. The crushed polymeric microspheres were then dissolved in 10 ml of ethanol. The solution was sonicated using an Ultrasonic sonicator for 5 mins. The resultant dispersion was then filtered through Whatman's filter paper (no.1) and the filtrate was analyzed at 240 nm using UV-Visible spectrophotometry (SHIMADZU, UV-1800). The experiments were performed in triplicate and results were calculated (22). The % drug entrapment efficiency was calculated by the following formula (6).

$$\% \text{ drug entrapment efficiency} = \frac{\text{actual drug content}}{\text{therotical drug content}} \times 100$$

### 2.2.11. *In-vitro* drug release and permeation study:

In-vitro diffusion of gel loaded polymeric microspheres of the drug was carried out using Franz Diffusion Apparatus (Figure no: 2). The donor compartment consists of an accurately weighed quantity of 1 gm gel containing drug on the nylon membrane (semi-permeable membrane) whereas the receptor compartment consists of 22 ml of simulated saliva of pH 7.4 (as the formulation is meant for buccal route). The temperature of the receptor compartment was maintained at  $37 \pm 0.5^{\circ}\text{C}$  and the speed was adjusted to 240 rpm on the magnetic stirrer (REMI MS-500). At different time intervals, a 1 ml aliquot of the sample was withdrawn, and the volume was replaced with fresh medium to maintain the sink conditions. The collected samples were filtered using Whatman's filter paper (no.1) and analyzed by UV-Visible spectrophotometer (SHIMADZU UV-1800) at 240 nm. The experiments were carried out in triplicates (7,8). In vitro permeation studies were carried out in similar fashion using buccal mucosa of goat bought from the animal slaughterhouse. In vitro drug release and permeation details and descriptions have been mentioned in Table no: 2.



(a)



(b)

**Figure No. 2: Franz diffusion apparatus (a) for in vitro drug release (b) for in vitro permeation studies using goat buccal mucosa**

**Table No. 2: *In-vitro* drug release and permeation study details and descriptions**

Details	Descriptions
Apparatus used	Franz Diffusion Cell
Release medium	Simulated saliva
pH	6.5
Semipermeable membrane used	Nylon membrane (for in-vitro study)
Tissue used	Buccal mucosa of goat (for ex-vivo study)
Temperature	37±0.5°C
RPM	240
Sampling volume	1 ml
Sampling intervals	0,15,30,45,60,120,180,240,300,360,420,480 mins
Spectroscopy used	UV-Visible Spectroscopy
Wavelength	240

#### **2.2.12. Stability studies:**

Stability studies as per ICH guidelines (ICH Q1A, R2, 2.1.7).



Three samples of the same batch of polymeric microspheres were subjected to these studies. The sample were subjected to  $40 \pm 2^\circ\text{C}$  /  $75 \pm 5\%$  RH and  $25 \pm 2^\circ\text{C}$  /  $60 \pm 5\%$  RH. At the end of 0, 30, 60, and 90 days, sample aliquots were withdrawn, diluted with ethanol, and analyzed using a UV spectrophotometer. A graph was plotted between log percent drug remaining v/s Time. The slope of the straight line from the graph was determined and the degradation rate constant (K) was calculated by using the equation (23). The slope was calculated by the given formula:

$$\text{Slope} = \frac{-K}{2.303}$$

### 2.3.Evaluation of Gellan gum gel:

The prepared gellan gum gel was evaluated visually for their appearance and consistency. The pH of the gellan gum gel was measured by pH meter. The viscosity of the gellan gum gel was measured by Brookfield viscometer. The refractive index of the gellan gum gel was measured by Abbe's refractometer (24). The spreadability of the gel was evaluated by a wooden box glass slide apparatus.

### 3. RESULTS AND DISCUSSION:

The purpose of research work was to prepare buccal calcium alginate polymeric microspheres containing cilnidipine by ionotropic gelation method and the images of polymeric microspheres before and after drying were captured (Figure no: 3a and 3b) and examine the effects of various parameters such as the concentration of sodium alginate, concentration of calcium chloride and stirring speed on particle size, % entrapment efficiency, % drug release.



(a)



(b)

**Figure No. 3: Polymeric microsphere images (a) before drying (b) after drying**

### 3.1.Micromeritics properties:

The micromeritics properties of cilnidipine loaded polymeric microspheres are given in Table no: 3.

**Table No. 3: Micromeritics properties of polymeric microspheres**

Parameters	Observation	Inference
Angle of repose	29°	Excellent
Bulk density	1.044 g/ml	-
Tapped density	1.175 g/ml	-
% of Carr's index	1.12	Good
Hausner's ratio	11.14	Good

### 3.2.Particle Size Analysis:

The mean particle size of optimized polymeric microspheres containing cilnidipine was found to be 77  $\mu\text{m}$  by optical stage micrometer. From Table no: 4, it was found that as the concentration of sodium alginate decreases from 8% to 2.5% w/v, the particle size gets decreased. As the concentration of calcium chloride increases from 20% to 40 % w/v, the particle size gets decreased. As the RPM speed increases from 990 to 2100 rpm, the particle size of polymeric microspheres gets decreased (25).

**Table No. 4: Optimization of cilnidipine loaded polymeric microspheres concerning particle size (in  $\mu\text{m}$ ).**

Formulation code (F)	Conc. of sodium alginate (%w/v)	Conc. of Calcium chloride (%w/v)	Speed (rpm)	Particle size ( $\mu\text{m}$ )
F1	8	20	990	254
F2	5	25	1620	174
F3	4	40	1980	102
F4	2.5	40	2100	77

### 3.3.Scanning Electron Microscopy:

The morphological characteristics of the optimized F4 polymeric microspheres were carried out by scanning electron microscope (JEOL JSM-7600F) as shown in the figure. SEM study revealed that the polymeric microspheres were spherical (Figure no: 4).

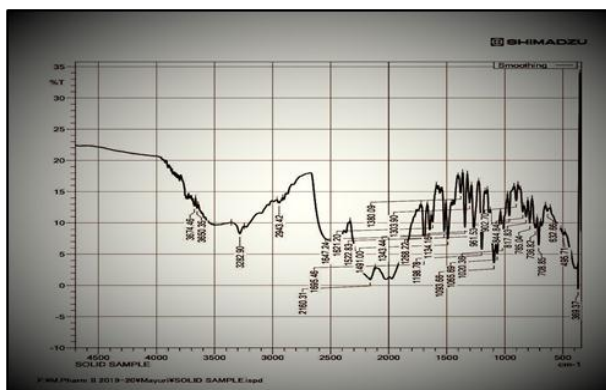


**Figure No. 4: SEM image of polymeric microspheres containing cilnidipine**

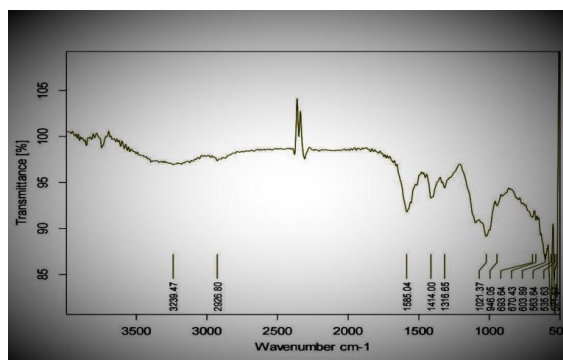
### 3.4.Fourier Transform Infrared Spectroscopy:

FTIR absorption spectrum of cilnidipine was recorded by the potassium bromide pellet technique. FTIR spectrophotometer showed characteristic peak N-H stretch (aromatic 2° C amine)-3458  $\text{cm}^{-1}$  C-N stretch (aromatic 2° C amine) -1376  $\text{cm}^{-1}$  N-O (Nitro)- 1349  $\text{cm}^{-1}$  methoxy(-OCH<sub>3</sub>)-2801  $\text{cm}^{-1}$ . FTIR mixture of the physical structure of cilnidipine along with sodium alginate and calcium chloride showed a characteristic peak at 3349.50  $\text{cm}^{-1}$ , 2928.10  $\text{cm}^{-1}$ , 1630  $\text{cm}^{-1}$ , 1432.16  $\text{cm}^{-1}$ , 1080.14  $\text{cm}^{-1}$ , 1025.44  $\text{cm}^{-1}$  typical of N-H symmetrical stretching vibration C-H stretching, C=O stretching, C=C (Aromatic) stretching and C-N

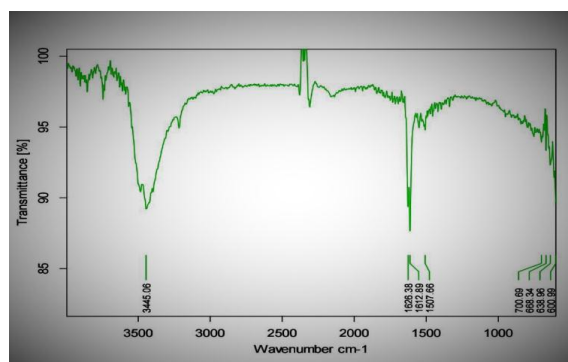
stretching vibration respectively. These peaks are the characteristic peak of cilnidipine. The result showed that the characteristic peak of cilnidipine was not affected as it was observed in the FTIR spectrum of physical mixture. The result of this observation was concluded that there is no interaction between the cilnidipine (Figure 5a), sodium alginate (Figure 5b), and calcium chloride (Figure 5c).



(a)



(b)



(c)

**Figure No. 5: FTIR spectrum of (a) Cilnidipine (b) Sodium alginate (polymer) (c) Calcium chloride (cross-linking agent).**

### 3.5.% drug entrapment efficiency:

**Table No. 5: % drug entrapment efficiency study**

Formulation code (F)	Conc. of sodium alginate (%w/v)	Conc. of Calcium chloride (%w/v)	% entrapment efficiency
F1	8	20	22
F2	5	25	42
F3	4	40	54
F4	2.5	40	95

From Table no: 5, it can be concluded that conc. of sodium alginate (%w/v) and calcium chloride (%w/v) also influences % drug entrapment efficiency. It was found that as the concentration of sodium alginate decreases from 8% w/v to 2.5% w/v, the entrapment efficiency of the drug gets increased whereas as the concentration of the calcium chloride increases from 20% w/v to 40 % w/v, the entrapment efficiency also gets increased from 22% to 95%.

### 3.6.Evaluation of Gellan gum gel:

The gellan gum gel was evaluated for appearance, consistency, pH, viscosity, and refractive index (Table no: 6). The cilnidipine loaded polymeric microspheres were then incorporated in gellan gum gel (Figure no: 6).

**Table No. 6: Gellan gum evaluation**

Parameters	Observation
Appearance	Transparent
Consistency	Thick
pH	7.1
Viscosity	31.66 cps
Refractive index	0.33



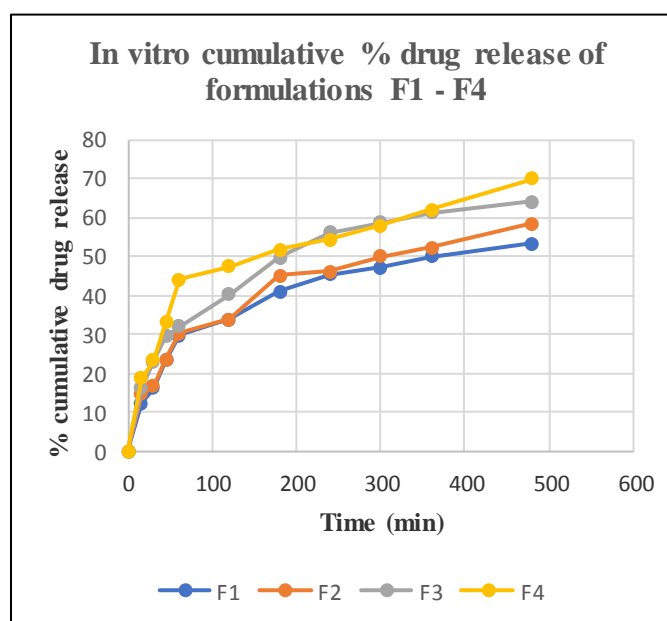
**Figure No. 6: Cilnidipine loaded polymeric microspheres incorporated in gellan gum gel.**

### **3.7. *In-vitro* drug release and permeation study:**

The *In-vitro* study revealed that the release of the drug from the polymeric microspheres was found to be in the order of  $F4 > F3 > F2 > F1$ . The amount of drug released from polymeric microspheres after 8 hrs. was found to be 60.78%, 72.46%, 78.09% & 84.13% for formulations F1, F2, F3 & F4 respectively (Table no: 7 & Figure no: 7). The results obtained through study for optimized F4 polymeric microspheres and marketed formulations of Cilacar and Dilnip tablets were fitted in various kinetic models like zero order, first order, Korsmeyer Peppas's and Higuchi to analyze drug release mechanism and its pattern. From table no:8, it is clear that the Higuchi (matrix) is the best fit model for the polymeric microspheres loaded gel as the plot obtained was of higher linearity ( $R^2 = 0.93-0.97$ ) which confers that through a diffusion process drug is released from the optimized polymeric microspheres. Korsmeyer Peppas's plot was further analyzed to confirm the release mechanism of optimized polymeric microspheres. The drug release was found to be nonfiction or anomalous type ( $0.5 < n < 1$ ) as the slope value ranged from 0.61-0.63. Therefore, it can be concluded that the drug release was dependent on both drug diffusion and polymer relaxation, indicating diffusion and erosion mechanisms-anomalous release. Kinetic modeling data of pure drug cilnidipine was also carried out to illustrate drug release mechanism and its pattern as given in table no: 9 (26).

**Table No. 7: Data for *In-vitro* cumulative % drug release data of formulations F1-F4**

Time (min)	F1	F2	F3	F4
0	0	0	0	0
15	12.24	14.64	16.24	18.65
30	16.24	16.78	23.20	23.45
45	23.46	23.73	29.41	33.09
60	29.76	30.21	32.21	44.20
120	33.85	34.00	40.23	47.54
180	41.19	45.24	49.85	51.98
240	45.43	46.23	56.23	54.32
300	47.14	50.14	58.74	58.04
360	50.17	52.34	61.35	62.13
480	53.28	58.65	64.28	70.12



**Figure No. 7: In vitro cumulative % drug release of formulation F1 – F4**

**Table No. 8: In vitro kinetic modeling data of formulation F1-F4**

Release type	Formulation code	R <sup>2</sup>	Slope
Zero-order	F1	0.82	0.19
	F2	0.85	0.213
	F3	0.83	0.2319
	F4	0.73	0.2483
First-order	F1	0.811	-0.00121
	F2	0.91	-0.0013
	F3	0.90	-0.0015
	F4	0.80	-0.0016
Higuchi	F1	0.97	3.115
	F2	0.97	3.2791
	F3	0.98	3.637
	F4	0.92	4.0237
Korsmeyer Peppas	F1	0.93	0.6168
	F2	0.93	0.6205
	F3	0.92	0.6353
	F4	0.89	0.6321

**Table No. 9: In vitro kinetic modeling data of pure drug cilnidipine**

Drug	Release	R <sup>2</sup>	Slope
Pure cilnidipine	Zero-order	0.6987	0.2189
	First order	0.9271	3.6353
	Higuchi	0.7748	-0.0014
	Korsmeyer Peppas's	0.8814	0.6195

**Table No. 10: Comparative studies of in-vitro permeation studies of optimized polymeric microspheres (F4) and marketed formulation Cilacar and Dilnir tablets**

Time (min)	F4	Cilacar	Dilnir
0	0	0	0
15	18.65	25.87	22.65
30	23.45	35.17	33.13
45	33.09	42.16	40.09
60	44.20	51.18	47.15
120	47.54	59.98	57.23
180	51.98	54.23	59.98
240	54.32	53.18	61.24
300	58.04	56.18	56.34
360	62.13	51.67	53.21
480	70.12	49.90	51.17

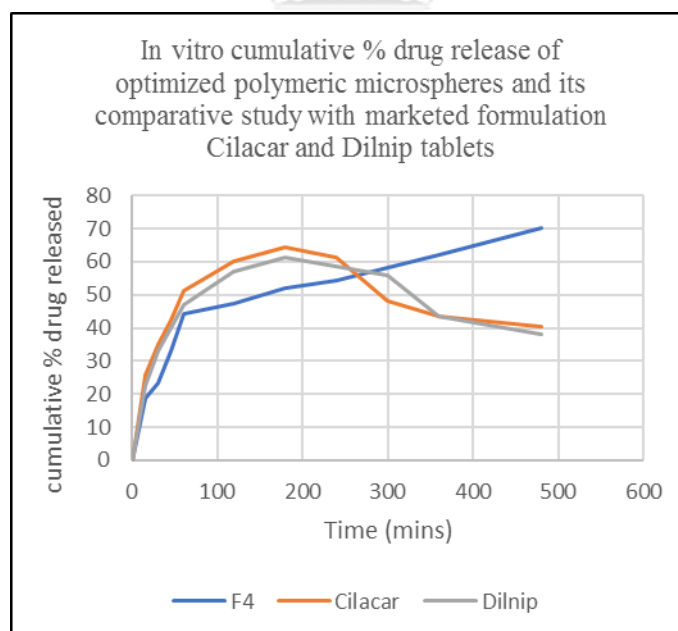


*In vitro* permeation study for optimized F4 polymeric microspheres was also carried out to evaluate the drug release mechanism and its pattern. From table no:10 it can be concluded that the Higuchi (matrix) is the best fit model considered for *in vitro* permeation as it has the highest linearity plot of  $R^2 = 0.90$ . Further, Korsemeyer Peppas's plot was analyzed to determine the drug release mechanism. As the slope value was found to be within the range of 0.5-1, the drug release mechanism was found to be of the non-fickian or anomalous type as given in table no:11. From figure no: 8, it is clear that optimized F4 polymeric microspheres provide sustained effect and prolonged the retention time of drugs at the site of action in comparison to marketed formulations Cilacar and Dilnip tablets (26).

### 3.8. *In vitro* permeation study:

**Table No. 11: *In vitro* permeation studies of F4 optimized polymeric microspheres**

Formulation	Release type	$R^2$	Slope
F4 optimized polymeric microspheres	Zero-order	0.6719	0.1852
	First order	0.7341	-0.0011
	Higuchi	0.9057	3.100
	Korsemeyer Peppas's	0.9035	0.6149



**Figure No. 8: In-vitro permeation studies of optimized polymeric microspheres and its comparative study with marketed formulations Cilacar and Dilnip tablets using goat buccal mucosa**

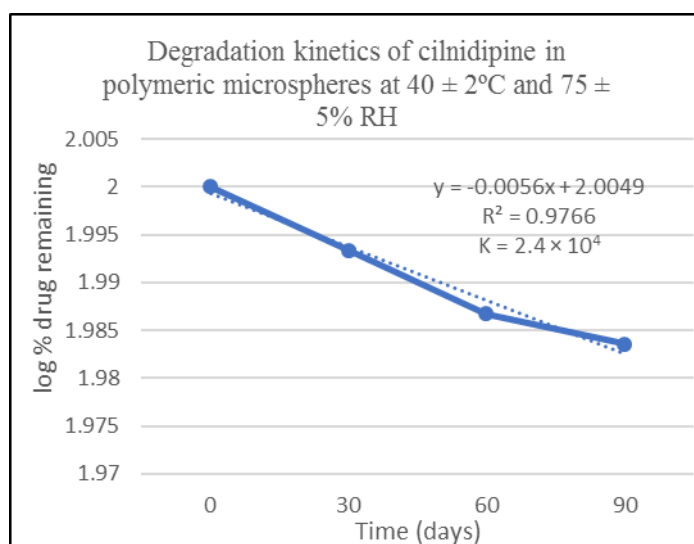
### 3.9.Stability studies:

**Table No. 12: Degradation of Cilnidipine in polymeric microspheres at  $40^{\circ}\text{C} \pm 2^{\circ}\text{C} / 75 \pm 5\% \text{ RH}$**

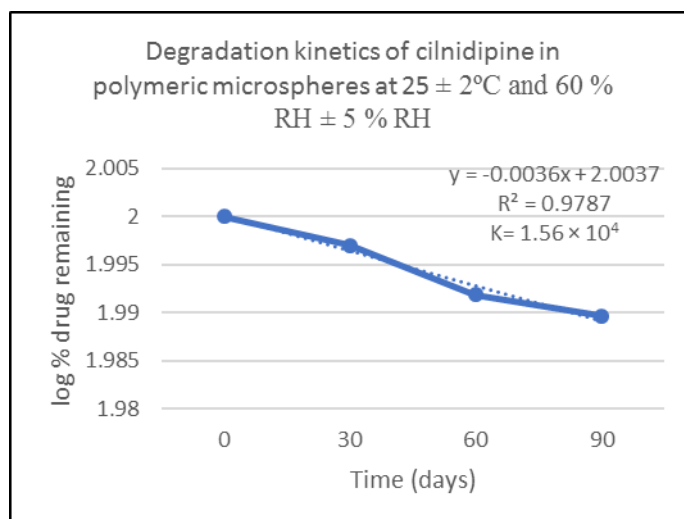
Time (days)	$40^{\circ}\text{C} \pm 2^{\circ}\text{C} / 75 \pm 5\% \text{ RH}$		
	Drug content (mg)	% drug remaining	Log % drug remaining
0	6	100	2
30	5.91	98.5	1.9934
60	5.82	97	1.9867
90	5.78	96.3	1.9836

**Table No. 13: Degradation of Cilnidipine in polymeric microspheres at  $25^{\circ}\text{C} \pm 2^{\circ}\text{C} / 60 \pm 5\% \text{ RH}$**

Time (days)	$25 \pm 2^{\circ}\text{C} / 60 \pm 5\% \text{ RH}$		
	Drug content	% of drug content	Log% drug remaining
0	6	100	2
30	5.93	99.33	1.9970
60	5.89	98.16	1.9919
90	5.82	97	1.9897



**Figure No. 9: Degradation kinetics of Cilnidipine in polymeric microspheres at  $40^{\circ}\text{C} \pm 2^{\circ}\text{C} / 75 \pm 5\% \text{ RH}$**



**Figure No. 10: Degradation kinetics of Cilnidipine in polymeric microspheres at  $25^\circ\text{C} \pm 2^\circ\text{C}$  /  $60 \pm 5\% \text{ RH}$**

**Table No. 14: Assay of sample kept for stability studies and rate constant.**

Stability studies	Drug content	Rate constant
$40^\circ\text{C} \pm 2^\circ\text{C} / 75 \pm 5\% \text{ RH}$	$93.11 \pm 0.49\%$	$2.4 \times 10^4$
$25^\circ\text{C} \pm 2^\circ\text{C} / 60 \pm 5\% \text{ RH}$	$97.98 \pm 1.34\%$	$1.56 \times 10^4$

The stability studies were conducted at two different conditions at accelerated stability conditions and real-time stability conditions and the results were found to be satisfactory. The degradation kinetics of cilnidipine in polymeric microspheres at two different conditions has been illustrated (Table no: 12 and 13) and plotted (Figure no: 9 & 10). The rate constant (K) for accelerated conditions  $40^\circ\text{C} \pm 2^\circ\text{C} / 75 \pm 5\% \text{ RH}$  were found to be  $2.4 \times 10^4$  and real-time stability conditions  $25^\circ\text{C} \pm 2^\circ\text{C} / 60 \pm 5\% \text{ RH}$  were found to be  $1.56 \times 10^4$ . Assay of sample kept at two different conditions  $40^\circ\text{C} \pm 2^\circ\text{C} / 75 \pm 5\% \text{ RH}$  and  $25^\circ\text{C} \pm 2^\circ\text{C} / 60 \pm 5\% \text{ RH}$  was performed and found satisfactory (Table no: 14).

#### 4. CONCLUSION:

It can be concluded that the ionic gelation technique is a simple and reproducible method for the preparation of cilnidipine polymeric microspheres. With the above results, it states that various formulation parameters have a direct effect on the release rate of drug, entrapment efficiency, and particle size. Polymeric microspheres of cilnidipine were evaluated for particle size, surface morphology, FTIR spectrum. In vitro drug release of polymeric

microspheres containing cilnidipine was also carried out to determine drug release from polymeric microspheres. From the in vitro studies, formulation F4 showed a maximum drug release of 70.12 % in 480 min (8hrs.) in comparison to formulations F1, F2, and F3. The in vitro drug release and permeation studies results revealed that the diffusion process and non-fickian or anomalous type of release mechanism is responsible for drug release from optimized polymeric nanoparticles. The stability study for polymeric microspheres containing cilnidipine was carried out at  $40^{\circ}\text{C} \pm 2^{\circ}\text{C}$  /  $75 \pm 5\%$  RH and  $25 \pm 2^{\circ}\text{C}$  /  $60 \pm 5\%$  RH as per ICH guidelines. Optimized polymeric microsphere formulation F4, Cilacar and Dilnip tablets showed a drug release of 70.12%, 49.90% and 51.17% respectively. This indicates that the optimized formulation F4 showed an improved permeability with sustained release of drug in comparison to marketed formulations Cilacar and Dilnip. Thus, buccal gel loaded cilnidipine polymeric microspheres was developed as a novel approach to provide a sustained effect and prolong the retention of drug at the site of action.

## 5. ACKNOWLEDGEMENT:

I express my sincere gratitude towards Mr. Sankalp Gharat, Assistant Professor, Bhanuben Nanavati College of Pharmacy who has been abundantly helpful in numerous ways for this research work.

## REFERENCES:

1. Darandale AS, Ghule PJ, Aher AA, Narwate BM. Sustained release dosage form: A Concise Review. International Journal of Pharmaceutics and Drug analysis, 2017; 5, 153 – 160.
2. Kadam NR, and Suvarna V. Microspheres: A Brief Review. Asian Journal of Biomedical and Pharmaceutical Sciences, 2015; 5(47), 13-19.
3. Agnihotri N, Mishra R. et al. Microencapsulation – A Novel approach in drug delivery. Indo Global Journal of Pharmaceutical Sciences, 2012; 2(1), 1-20.
4. Mishra R, Mir SR, Amin S. Polymeric nanoparticles for improved bioavailability of Cilnidipine. International Journal of Pharmacy and Pharmaceutical Sciences, 2017; 9(4), 129 -139
5. Kumar M, Shanthi N, Mahato AK, Soni S, Rajnikanth P.S. Preparation of luliconazole nanocrystals loaded hydrogel for improvement of dissolution and antifungal activity. Heliyon, 2019; 1-10.
6. Sangale SB, Dr. Barhate SD, Jain BV, Potdar M. Formulation and evaluation of floating felodipine microsphere. International Journal of Pharma. Research & Development, 2019; 3(2), 163-170.
7. Kulkarni AR, Soppimath KS, Aminabhavi TM. Controlled release of diclofenac sodium from sodium alginate beads crosslinked with glutaraldehyde. Elsevier Science, 1999; 74, 29-36.
8. Srinatha A. Pandit J. Simranjit S. Ionic cross-linked chitosan beads for extended release of ciprofloxacin: In-vitro Characterization. Indian Journal of Pharmaceutics, 2004; 70(1), 16-21.
9. Khaled A and Taha M. Synthesis of iron-cross linked chitosan succinate and iron cross-linked dehydroxymated chitosan succinate and their in vitro evaluation as potential matrix materials for oral theophylline sustained-release beads. European Journal of Pharmaceutical Sciences, 2001; 13(2), 159-168.
10. Shrisaishi S, Imai T, Otagiri M. Controlled release of indomethacin by chitosan-polyelectrolyte complex: Optimization and in vivo/in vitro evaluation. Journal of Controlled Release, 1993; 25(3), 217-225.

11. Patel V, Patel H, Kotadiya R. Formulation and characterization of chitosan methotrexate beads by ionotropic gelation. Indian J. Pharm. Educ. Res., 2009; 43(1), 71-76.
12. Sinha V, Singla A, Wadhawan S, Kaushik R, Kumria R, Bansal K, Dhawan S. Chitosan microspheres as a potential carrier for drugs. International Journal of Pharmaceutics, 2004; 274(1-2), 1-33
13. George P and Nikolaos B. Swelling studies and in vitro release of verapamil from calcium alginate and calcium chitosan beads. International Journal of Pharmaceutics, 2006; 323 (1-2), 34-42.
14. Rowe R, Shesky P, Weller P, editors. Handbook of Pharmaceutical Excipients, 4<sup>th</sup> edition- Chicago- The Pharmaceutical Press, 2003 – Gellan gum.
15. Patil P, Singh S, Sarvanan J. Preparation and evaluation of microspheres of flurbiprofen. International Journal of Pharmaceutical Sciences and Research, 2018; 9(12), 5388-5393.
16. Shanmugarathinam A, Gajalakshmi CE. Design and characterization of floating microspheres for oral delivery of cefixime. International Research Journal of Pharmacy, 2016; 7(11), 74-79.
17. Agarwal GR, Wakte P. & Shelke S. Formulation, Physicochemical characterization and in vitro evaluation of human insulin-loaded microspheres as potential oral carrier. Prog Biomater, 2017; 6, 125-136
18. Fatemeh A. Sayeh M. Maryam I. Masoud S. Farid D. In-vitro evaluation and modification of pectinate gel beads containing trimethyl chitosan, as a multi-particulate system for delivery of water-insoluble macromolecules to colon. Carbohydrates Polymers, 2005; 61, 39-51.
19. Rania A, Gehanne A, Nahed D and Samia A. Nour. Preparation, in-vitro and in-vivo evaluation of stomach-specific metronidazole-loaded alginate beads as local anti-Helicobacter pylori therapy, 2007; 119(2), 207-214.
20. Swarbrick J and Boylon J. Encyclopedia of Pharmaceutical Technology. 14<sup>nd</sup> ed. New York. Marcel Dekker Inc, 2002; 1, 2118, 2722, 402, 2461.
21. Priya P. Deshmukh M, Barhate AN. Formulation and evaluation of microspheres of Glibenclamide by ionotrophic gelation method. Indo American Journal of Pharmaceutical Research, 7(9), 471-478.
22. Vyas SP. & Khar RK. Targeted and Controlled drug delivery – Novel carrier systems, 1<sup>st</sup> edition, CBS publishers and distributors, Delhi, 2006; 414-458
23. ICH Harmonized Tripartite Guidelines, Stability Testing of New Drug Substances and Products. ICH Committee; 2003
24. Dhobale S, Shelke G, et al. Formulation and evaluation of luliconazole emulgel for topical drug delivery, 2018.
25. Polona S, Marija B, Ales M. The influence of selected parameters of the size and shape of alginate beads prepared by ionotropic gelation. Scientia Pharmaceutica, 2008; 76, 77-89.
26. Ramachandra GK, Barve AR, et al. Novel drug delivery system of luliconazole-formulation and characterization, Journal of Drug Delivery Science and Technology, 2020; 55, 1-20

<i>Image</i> <i>Author -1</i>	<b>Ms. Bushra R.A. Khalfay</b> <i>Research Scholar, Department of Pharmaceutics</i> <i>H.K. College of Pharmacy, Oshiwara, Jogeshwari (W),</i> <i>Mumbai - 400102</i>
<i>Image</i> <i>Author -2</i>	<b>Dr. Sheela Yadav</b> <i>Associate Professor, Department of Pharmaceutics</i> <i>H.K. College of Pharmacy, Oshiwara, Jogeshwari (W),</i> <i>Mumbai - 400102</i>
<i>Image</i> <i>Author -3</i>	<b>Mr. Avinash Siddapa Poojari</b> <i>Research Scholar, Department of Pharmaceutics</i> <i>H.K. College of Pharmacy, Oshiwara, Jogeshwari (W),</i> <i>Mumbai – 400102</i>