NAGPURI BUFFALO MILK ANALYSIS AS PREBIOTICS FOR GROWTH OF PROBIOTICS

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ABSTRACT

Milk plays vital role in the human daily life. Because it contains the fat, protein, vitamin, carbohydrates and minerals. It contains sodium, potassium, vitamin B6, vitamin D, vitamin C, iron, Phosphorous, casein. Most probably calcium is an important content in the milk along with casein which contains highest amount of protein. Sheep and Buffalo milk contains more amount of casein than the human milk. Daily consumption of milk can help in our growth and development. Prevents wear and tear of the body. Daily consumption of milk helps to increases the RBC count in the human body and even it makes muscles strong. It provides the energy to the body due to the presence of phosphorous in it. It controls the weight gain in body. Milk plays important role in children it helps to make their bones strong because of the nutrients present in it.

Keywords: - Probiotics, prebiotics, milk, Lactobacillus

SHORT COMMUNICATION

Milk plays vital role in the human daily life¹⁻³. Because it contains the fat, protein, vitamin, carbohydrates and minerals. It contains sodium, potassium, vitamin B6, vitamin D, vitamin C, iron, Phosphorous, casein. Most probably calcium is an important content in the milk along with casein which contains highest amount of protein. Sheep and Buffalo milk contains more amount of casein than the human milk⁴⁻⁶. Daily consumption of milk can help in our growth and development. Prevents wear and tear of the body. Daily consumption of milk helps to increases the RBC count in the human body and even it makes muscles strong. It provides the energy to the body due to the presence of phosphorous in it. It controls the weight gain in body. Milk plays important role in children it helps to make their bones strong because of the nutrients present in it⁷⁻¹¹.

On the same ground, total of 100 milk samples was collected from Nagpuri (n=100) buffalo from countryside in India. Approximately 60 ml of the milk was used for the experimentation purposes¹²⁻¹⁵. Prior to use, the milk samples were treated by ultra-high-temperature (UHT) pasteurization for 8 s in a cyclic process of 60 min time duration. Later, the collected milk samples packed in 100 ml centrifuge tube at deep freeze. FOSS milk scanTM 120 (calibrated with buffalo standards, Swabhimani dairy, India) milk analyzer was used in order to determine the total solid content (%), protein (%), casein (%), density (%), freezing point (%), fat (%) and lactose (%)¹⁶⁻¹⁸.

The components such as protein, fat, lactose, total solid content and percentage of casein in obtained in the raw milk of Nagpuri were 4.5 ± 0.51 ; 7.0 ± 0.84 ; 5.4 ± 0.65 ; 17.2 ± 1.21 ; 10.8 ± 1.20 respectively. Similarly, the protein, fat, lactose, total solid content and percentage of casein in obtained in the pasteurised milk of Nagpuri were 4.1 ± 0.41 ; 6.5 ± 0.12 ; 5.2 ± 0.32 ; 17.1 ± 1.0 ; 10.2 ± 1.11 respectively. No any significant (p<0.05) changes were observed in thenutrient contents of raw and pasteurized milk of all breeds as observed in fig.1.

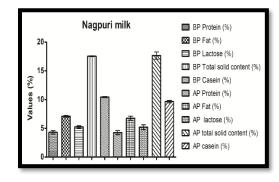


Fig 1. The physiochemical composition of Nagpuri milk

± indicate standard error of means; n=3

Various different probiotics such as *Lactobacillus plantarum*, *Lactobacillus acidophilus* and *Lactobacillus rhamnosus* were grown in milk of Nagpuri buffalo. The growth observed after 24 hours at 37°C was determined by cfu count. It was found that CFU count of *Lactobacillus acidophilus* was higher in 8 x 10⁸ CFU/ ml as compared to *Lactobacillus rhamnosus* showing less growth of around 6 x 10⁸ CFU/ ml (p<0.05, n=3) as per figure. 2.

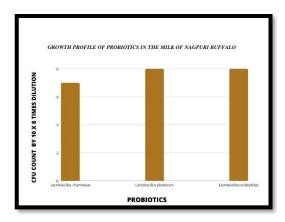


Figure.2. Determination of growth of probiotics in Nagpuri milk in form of CFU count

± indicate standard error of means; n=3

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