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## Formulation and Evaluation Of In Vitro Characterization of Silymarin Loaded Proniosomes to Enhance the Oral **Bioavailability**







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**Keywords:** Silymarin, Proniosomes, Bioavailability, Investigation, Hepataobiliary.

#### ABSTRACT

Silymarin is a purified extract isolated from seeds of the milk thistle, Silybum marianum. Its main ingredients are the flavonolignans silybin, isosilybin, silydianine and silychristine. It is used to treat hepatobiliary illnesses. The aim of this investigation was to develop a procedure to improve the oral bioavailability of silymarin by using proniosomes. The preparation of silymarin loaded proniosomes done by slurry method. The response surface approach and design expert software were used to efficiently develop the optimal silymarin proniosomes based on the results of the screening process parameter. All the formulations were passed various evaluation parameters and they were found to be within limits.

#### **INTRODUCTION :**

Silymarin, which was purified from Silybum marianum L. Gaertn (milk thistle), is primarily composed of three flavonolignans, namely silvbin, silvdianin, and silvchristin, the most active of which is silybin.. Silymarin, a well-known hepatoprotective, has been proven to be useful in treating a number of liver diseases, including alcoholic liver disease, acute and chronic viral hepatitis, hepatitis caused by toxins and drugs, and cirrhosis. Additionally, it was discovered to be successful in treating some cancers, including skin, prostate, and breast cancers. Silymarin works by inhibiting the binding of hepatotoxins to receptor sites on the membranes of hepatocytes, stabilising hepatocytes, and reducing glutathione oxidation to raise glutathione levels in the liver and intestines; antioxidant activity; stimulation of ribosomal RNA polymerase and subsequent protein synthesis, leading to enhanced hepatocyte regeneration.; antioxidant activity; stimulation of ribosomal RNA polymerase and subsequent protein synthesis, leading to enhanced hepatocyte regeneration. However, silymarin's limited water solubility and low bioavailability following oral administration have cast doubt on its efficacy as a treatment for liver illness. Silymarin taken orally is quickly absorbed, with a t max of 2-4 hours and a  $t_{1/2}$  of 6 hours. Only 20 to 50 percent of oral silvmarin, which is administered orally and goes through significant enterohepatic circulation, is ultimately absorbed from the gastrointestinal system. Only 3-8% are excreted in the urine, and 81% are eliminated in the bile as conjugates of glucuronide and sulphate. The concentration of silybin in the bile is 60 times more than that in the serum. Several strategies have been used to increase silymarin or silybin's bioavailability and rate of dissolution, including the formation of silvbin-phosphatidylcholine complexes and the incorporation of solid dispersions.(1)

The dry and free-flowing proniosome powder was produced via a revolutionary production procedure to improve the chemical and physical stability of formulations and increase oral bioavailability of poorly water-soluble medicines. The process for making proniosome powder involves coating water-soluble carriers with surfactant and medication, specifically by covering each water-soluble carrier with dry surfactant and medication.(2)

## MATERIALS AND METHODS:



Figure 1.1. Illustration for materials and methods used for the preparation of proniosome.

#### **Characterization of Proniosomes**

Different parameters and techniques employed for characterization of proniosomes include measurement of vesicle size and size distribution, morphological characteristics, angle of repose, measurement of particle charge, rate of hydration (spontaneity), aerodynamic behavior, separation of unentrapped (free) drug, drug entrapment efficiency.

### Measurement of angle of repose

#### **Funnel method**

The proniosomal powder was poured into the funnel, which was set in place, so that the funnel's exit orifice was 10 cm above the level of the surface. The angle of repose was further determined by measuring the cone's height and base diameter after the powder trickled down from the funnel to create one on the surface(3).

#### SEM

Proniosome particle size is a crucial consideration. Proniosomes' surface shape and size distribution were investigated using SEM. Aluminum stubs had double-sided tape attached to them, and the proniosomal powder was then applied to them. The scanning electron microscope's vacuum chamber contained the aluminium stub. The morphological characterization of the samples was observed using a gaseous secondary electron detector (3).

## Measurement of vesicle size

The identical media that was utilized to create the vesicle dispersions was diluted approximately 100 times. On a particle size analyser, the size of the vesicles was assessed. The device consists of a small volume sample holding cell and a multi-element detector with a point focused at its center by a 632.8 nm He-Ne laser beam using a Fourier lens (R-5) with a minimum power of 5Mw. Before evaluating the vesicle size, the samples were agitated with a stirrer.(4)

### Morphology of proniosomes

## **Proniosomal gels**



Figure 1.2: Photomicrograph of proniosomal gel of (a) Span 20/20% cholesterol, (b) Span 80/30% cholesterol, (c) Span 40/0% cholesterol and (d) Span 60/0% cholesterol (with permission from (4).

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#### **Proniosomal powders**

Hu and Rhodes observed through the SEM that the surface of proniosome powder appeared to be smoother and have fewer fine features' such as whiskers and sharp corners.(5)



**Figure 1.3:** Photomicrograph of proniosomal powders (a) sorbitol carrier exhibits crystals with sharp edges and fine structure versus (b) proniosomal powder have somewhat less well-defined features (5)

#### Separation of unentrapped (free) drug

#### Dialysis

In dialysis techniques, the aqueous niosomal suspension is transferred to a dialysis tube suspended in a suitable dissolution media, the unentrapped drug is separated into the media through osmotic cellulose membrane at appropriate time intervals aliquots were withdrawn and analyzed for drug content by using suitable spectrophotometric and high-performance liquid chromatography (HPLC) methods(6).

### Gel filtration

In gel filtration separation of unentrapped drug from niosomal dispersion is carried out by using a Sephadex-G-50column, eluted with suitable mobile phase and analyzed with suitable analytical techniques(7).

### Centrifugation

Centrifugation is another technique used for separation of unentrapped drugs from niosomal suspension in which the pellets and supernatant are separated by centrifugation. The obtained pellets are washed and resuspended to get a niosomal suspension free from unentrapped drugs(8).

## **Entrapment efficiency**

After separation of the unentrapped drug from the niosomal dispersions, the entrapment efficiency can be determined by complete disruption of the vesicles or by solubilizing the vesicles.(9)

## **Experimental Work**

#### Table 1.1: List of Chemicals

| S.NO. | Material                               | Source                                |
|-------|--|---------------------------------------|
| 1.    | Silymarin                              | BioXpert Innovations Pvt. Ltd., India |
| 2.    | SPAN 60                                | Qualikems                             |
| 3.    | Cholesterol                            | Finar                                 |
| 4.    | Methanol                               | Finar                                 |
| 5.    | Disodium Hydrogen orthophosphate       | Qualikems                             |
| 6.    | Potassium dihydrogen<br>orthophosphate | Qualikems                             |
| 7.    | Sodium Hydroxide                       | Qualikems                             |

### Table 1.2: Lists of Instruments Used

| S.No. | Equipment                   | Manufacturer                |
|-------|-----------------------------|-----------------------------|
| 1.    | Bath Sonicator              | Raj Analytical Services,    |
| 2.    | Electronic weighing balance | Sartorius                   |
| 3.    | Speed Regulator             | Remi Equipment, Mumbai      |
| 4.    | Magnetic stirrer            | Contech Instruments Limited |
| 5.    | Cooling centrifuge          | Systronic india, New delhi  |
| 7.    | Dissolution Apparatus       | Electrolab, Mumbai, India   |
| 8.    | pH meter                    | Electrolab., Mumbai, India  |
| 9.    | UV spectrophotometer        | Electrolab Mumbai, India    |

## 2. Result and Discussion

## **2.1Preformulation studies**

2.1.1Organoleptic properties: Organoleptic properties of silymarin was shown in Table 2.1.

 Table 2.1: Observation of Organoleptic properties of silymarin

| S.No. | Test       | Specification             | Observation               |
|-------|------------|---------------------------|---------------------------|
| 1.    | Colour     | Yellow Brown Powder       | Yellow Brown Powder       |
| 2.    | Odour      | Slight and specific odour | Slight and specific odour |
| 3.    | Appearance | Bitter in taste           | Bitter in taste           |

## 2.1.2 Melting point

The capillary method was used to determine silymarin's melting point. The information in Table 2.2 was nearly identical to the reference value, which attests to the drug's purity.

Table 2.2: Melting point of Silymarin

| Drug      | Specification | Observation  |
|-----------|---------------|--|
| Silymarin | 158°C         | $158.33^{\circ}C \pm 0.58 - 160^{\circ}C \pm 1.00$ |

#### 2.1.3. Determination of $\lambda_{max}$ and calibration curve of Silymarin in methanol

#### 2.1.3.1 Determination of $\lambda_{max}$ of silymarin

Silymarin ( $10\mu g/ml$ ) concentration showed maximum absorbance at 288 nm during scanning between 200 and 400 nm, which is consistent with published data as illustrated in Figure 2.1.



**Figure 2.1:** Graph of Absorption Maxima ( $\lambda_{max}$ ) of silymarin in Methanol

#### 2.1.3.2 Standard Calibration Curve of Silymarin in Methanol

A standard calibration curve was developed in the 2-20µg/ml range. The absorbance of silymarin solutions at various concentrations, as displayed in Table 2.3. The regression equation for Silymarin's calibration curve, which is depicted in figure 2.2, had an  $R^2$  value of 0.999 and indicated good linearity with the value of Y = 0.0404x + 0.0062.

| Concentration (µg/ml) | Absorbance | STD   |
|-----------------------|------------|-------|
| 2                     | 0.086      | 0.001 |
| 4                     | 0.167      | 0.003 |
| 6                     | 0.250      | 0.003 |
| 8                     | 0.330      | 0.002 |
| 10                    | 0.411      | 0.002 |
| 12                    | 0.489      | 0.003 |
| 14                    | 0.563      | 0.002 |
| 16                    | 0.668      | 0.004 |
| 18                    | 0.729      | 0.002 |
| 20                    | 0.812      | 0.002 |



Figure 2.2: Graph of Standard Calibration Curve between absorbance and concentration of Silymarin in methanol

## 2.1.4 Solubility studies of drug

The drug's solubility in water, alcohols, chloroform, and phosphate buffer 6.8pH was assessed.

| S.No | Solvent                | Solubility (mg/ml) |
|------|------------------------|--------------------|
| 1    | Water                  | 0.495±0.007        |
| 2    | Methanol               | 2.200±0.003        |
| 3    | Ethanol                | 0.143±0.002        |
| 4    | Chloroform             | 7.206±0.051        |
| 5    | Phosphate Buffer 6.8pH | 0.057±0.001        |



Figure 2.3: Bar Graph Solubility data of Silymarin in the different solvent medium

Silymarin demonstrated maximum solubility in chloroform, followed by methanol, and minimal solubility in pure water, as shown in Figure 2.3.

## 2.1.5 Partition coefficient of drug

Table 2.5 displays the partition coefficient of silymarin in the n-octanol: water mixture. Drugs having partition coefficients less than one are indicative of hydrophilic drugs, while those with log P greater than one are lipophilic in nature.

**Table 2.5:** Value of Partition coefficient of silymarin

| S. No. | Drug      | Reference partition coefficient | Observed Partition<br>coefficient (Log P ) | Nature of the drug |
|--------|-----------|---------------------------------|--|--------------------|
| 1.     | Silymarin | 1.41                            | 1.467±0.016                                | Lipophilic (97)    |

### 2.2 Preparation of Silymarin loaded proniosmes

The slurry approach was successfully used to prepare Silymarin's pro vesicular systems. Due to the higher solubility of the drug and lipids in the combination of chloroform and methanol, this system was chosen as the solvent. Span 60 was employed in our work to help with stable vesicle production and to enhance the oral distribution of silymarin from proniosomes due to the high phase transition temperature (52°C). However, because cholesterol has a modulatory influence on the membrane bilayers, it can be introduced to the lipid phase to increase the

stability of the vesicles even though cholesterol alone does not form bilayers. Cholesterol was added because it can improve how hydrophilic medicines are encapsulated. (10)

#### 2.3Screening of the process parameters

#### 2.3.1 Effect of amount of the cholesterol

The effects of cholesterol concentrations ranging from 200µM to 800µM on proniosome production and silymarin drug entrapment % were studied.

**Table 2.6:** In vitro characterization parameters including percentage yield, percentage drug

 entrapment, percentage drug loading and micrometric properties

| S.No. | Formulation code | Percentage<br>yield (%) | Percentage<br>drug<br>entrapment<br>(%) | Percentage<br>drug loading<br>(%) | Carr's index<br>(%) | Hausner<br>ratio |
|-------|------------------|-------------------------|---|-----------------------------------|---------------------|------------------|
| 1     | SPN1             | 92.90±0.303             | 75.47±0.13                              | 15.67±0.03                        | 2.142±1.709         | 1.022±0.018      |
| 2     | SPN2             | 94.60±0.214             | 80.56±0.15                              | 14.82±0.04                        | 1.817±1.381         | 1.019±0.014      |
| 3     | SPN3             | 97.40±0.207             | 97.94±0.12                              | 15.99±0.02                        | 5.140±1.027         | 1.054±0.011      |
| 4     | SPN4             | 97.21±0.459             | 96.44±0.20                              | 14.50±0.03                        | 3.094±2.465         | 1.032±0.026      |

Table 7.6 showed that all prepared formulations increased in percentage of drug and drug loading of silymarin when various amounts of cholesterol were included. The efficiency of trapping has grown along with the content of cholesterol (SPN1 to SPN3). This might be adequately explained by the fact that the inclusion of cholesterol increases the bilayer's hydrophobicity and stability while also reducing its permeability, allowing for the effective intercalation of hydrophobic drugs with increased drug payload within the bilayer's hydrophobic core.

#### 2.3.2 Effect of amount of span 60

The development of proniosomes and the proportion of drug entrapment of silymarin into the proniosomes were studied in a range of 200µM to 800µM of span 60.

**Table 2.7:** In vitro characterization parameters including percentage yield, percentage drug

 entrapment, percentage drug loading and micrometric properties

|        |             |             | Percentage | Percentage |              |             |
|--------|-------------|-------------|------------|------------|--------------|-------------|
| S No   | Formulation | Percentage  | drug       | drug       | Carr's index | Hausner     |
| 5.INU. | code        | yield (%)   | entrapment | loading    | (%)          | ratio       |
|        |             |             | (%)        | (%)        |              |             |
| 1      | SPN5        | 97.17±0.099 | 79.17±0.17 | 16.11±0.03 | 2.650±0.566  | 1.027±0.006 |
| 2      | SPN6        | 98.49±0.406 | 89.75±0.16 | 16.06±0.04 | 2.066±1.977  | 1.021±0.021 |
| 3      | SPN7        | 98.80±0.329 | 98.27±0.19 | 15.82±0.03 | 6.955±0.469  | 1.075±0.005 |
| 4      | SPN8        | 94.93±0.238 | 96.21±0.22 | 14.34±0.02 | 7.044±1.456  | 1.077±0.039 |

Table 2.7 showed that all prepared formulations increased in percentage drug loading and drug loading of silymarin when various amounts of the span 60 were present.

The percentage drug loading, percentage drug entrapment and percentage drug loading the silymarin drug was found to be in a range of the  $94.93\pm0.430\%$  to  $98.80\pm0.329\%$ ,  $79.17\pm0.17\%$  to  $98.27\pm0.19\%$ ,  $14.34\pm0.02\%$  to  $16.11\pm0.03\%$ . Furthermore, the micrometric properties including Carrs index and Hausner ratio of all prepared formulations were found to be in a range of the  $2.650\pm0.566\%$  to  $7.044\pm1.456\%$ ,  $1.021\pm0.006$  to  $1.077\pm0.039$ . Among all formulations, formulation SPN7 has the highest drug entrapment and drug loading.

### 2.4 Optimization of silymarin-loaded proniosomes

The response surface approach and design expert software were used to efficiently develop the optimal silymarin proniosome based on the results of the initial screening of the process parameters. The design space was established using the formulation parameters' effective operating ranges, such as the ranges for cholesterol and span 60 ( $400\mu$ M to  $600\mu$ M). The main design was chosen expressly to maximize the input variables, and its components were described in Tables 2.8 and 2.9.

| Factor | Namo                       | Unite      | Low Actual | High   | Low Coded | High  | Mean |
|--------|----------------------------|------------|------------|--------|-----------|-------|------|
|        | Inallie                    | Units      | Low Actual | Actual |           | Coded |      |
| X1     | Amount of SPAN 60          | micromolar | 400        | 600    | -1.00     | 1.00  | 500  |
| X2     | Amount of                  | micromolar | 400        | 600    | -1.00     | 1.00  | 500  |
|        | cholesterol                | micromotar |            |        |           |       | 500  |
| Y1     | Percentage drug entrapment |            |            |        |           |       |      |

 Table 2.8: Summary of the central composite design

Table 2.9: Composition of the formulations prepared in central composite design with response

|             | Factor 1      | Factor 2       | Response 1      |
|-------------|---------------|----------------|-----------------|
| Formulation | X1: Amount of | X2: Amount     | Percentage drug |
| code        | SPAN 60       | of cholesterol | entrapment      |
|             | (micromolar)  | (micromolar)   | (%)             |
| DSPN1       | 641.421       | 500            | 99.61           |
| DSPN 2      | 400           | 400            | 78.88           |
| DSPN 3      | 500           | 358.578        | 81.68           |
| DSPN 4      | 500           | 500            | 97.84           |
| DSPN 5      | 500           | 641.421        | 88.69           |
| DSPN 6      | 358.578       | 500            | 78.68           |
| DSPN 7      | 500           | 500            | 98.85           |
| DSPN 8      | 500           | 500            | 98.71           |
| DSPN 9      | 400           | 600            | 80.17           |
| DSPN 10     | 500           | 500            | 98.53           |
| DSPN 11     | 600           | 600            | 98.17           |
| DSPN 12     | 600           | 400            | 90.78           |
| DSPN 13     | 500           | 500            | 97.91           |

A central composite design with two independent variables at five distinct levels was used to evaluate the effect on the dependent variables. As s, a total of 13 formulations were produced in accordance with the experimental strategy and further described for responses% drug entrapment. The data gathered from experimental runs was subjected to regression analysis.

The polynomial model equation shows how the linear, interaction, and quadratic model elements (represented by input variables X1, X2, and X1X2) influence the percentage of drug entrapment.

Percentage drug entrapment =  $98.368+7.4374X1+2.324X2+1.525X1X2-4.652X1^2-6.6327X2^2$ 

According to the positive sign for the coefficient of X1, X2, and X1X2, as the percentage of entrapment rises, so does the concentration of components X1 and X2, as well as the combined influence of the two factors up to a certain concentration.

| Course                   | Sum of   | đf | Mean           | F           | p-value  |                    |
|--------------------------|----------|----|----------------|-------------|----------|--------------------|
| Source                   | Squares  | u  | Square         | Value       | Prob > F |                    |
| Model                    | 902.6078 | 5  | 180.5215652    | 1128.208564 | < 0.0001 |                    |
| X1-Amount of SPAN 60     | 442.5237 | 1  | 442.5236617    | 2765.64733  | < 0.0001 |                    |
| X2-Amount of cholesterol | 43.21542 | 1  | 43.21541745    | 270.0840976 | < 0.0001 |                    |
| X1X2                     | 9.3025   | 1  | 9.3025         | 58.13798563 | 0.0001   | significant        |
| X1 <sup>2</sup>          | 150.5954 | 1  | 150.595357     | 941.178253  | < 0.0001 |                    |
| X2 <sup>2</sup>          | 306.0409 | 1  | 306.0408526    | 1912.668497 | < 0.0001 |                    |
| Residual                 | 1.120051 | 7  | 0.160007264    |             |          |                    |
| Lack of Fit              | 0.255971 | 3  | 0.085323615    | 0.394980166 | 0.7643   | not<br>significant |
| Pure Error               | 0.86408  | 4  | 0.21602        |             |          |                    |
| Cor Total                | 903.7279 | 12 |                |             |          |                    |
| Std. Dev.                | 0.400009 |    | R-Squared      | 0.998760633 |          |                    |
| Mean                     | 91.42308 |    | Adj R-Squared  | 0.99787537  |          |                    |
| C.V. %                   | 0.437536 |    | Pred R-Squared | 0.996491906 |          |                    |
| PRESS                    | 3.170362 |    | Adeq Precision | 77.40953353 |          |                    |

### Table 2.10: ANOVA analysis

By associating increases in the concentration of the span 60 and cholesterol with increases in the percentage of drug entrapment, the Figure 2.1 response surface plot further outlined the relationship between the dependent and independent variables.



Figure 2.4: 3D response graph

Figure 2.4 showed that more space would become available in the proniosomes for the accommodation of the silymarin as the concentration of the span 60 increased. Up to a particular concentration, the hydrophobic interaction between hydrophobic drugs also boosts the percentage of silymarin drug entrapment. However, when the concentration of the span 60 was increased further, no further improvement of the drug entrapment and drug loading was shown.

The efficiency of entrapment has grown along with the content of cholesterol.

 Table 2.11: Composition of the optimized formulation

| Formulation code | Amount of<br>SPAN 60 (µM) | Amount of<br>cholesterol<br>(µM) | Percentage of drug<br>entrapment (%) | Actual Percentage<br>drug entrapment (%) |
|------------------|---------------------------|----------------------------------|--------------------------------------|--|
| DSPN 14          | 591.32                    | 588.54                           | 99.371                               | 99.583±0.071                             |

## 2.5 Evaluation of Silymarin loaded Proniosomes

## 2.5.1 Percentage yield

**Table 2.12:** Percentage yield of all prepared formulations

| Formulation code | Percentage yield (%) |
|------------------|----------------------|
| DSPN1            | 99.467±0.311         |
| DSPN2            | 99.087±0.338         |
| DSPN3            | 99.704±0.246         |
| DSPN4            | 99.181±0.190         |
| DSPN5            | 99.553±0.258         |
| DSPN6            | 99.582±0.282         |
| DSPN7            | 99.725±0.133         |
| DSPN8            | 99.619±0.254         |
| DSPN9            | 99.766±0.251         |
| DSPN10           | 99.699±0.308         |
| DSPN11           | 99.535±0.314         |
| DSPN12           | 99.822±0.259         |
| DSPN13           | 99.522±0.207         |
| DSPN14           | 99.141±0.366         |





The range of the percentage yield for all prepared formulations was shown in Table 2.12 to be between  $99.087\pm0.338\%$  to  $99.821\pm0.259\%$ .

## 2.5.2 Percentage drug entrapment and percentage drug loading

Table 2.13: Percentage of drug entrapment of all prepared formulations

| Formulation code | % Drug entrapment (%) |
|------------------|-----------------------|
| DSPN1            | 99.606±0.102          |
| DSPN2            | 78.885±0.147          |
| DSPN3            | 81.678±0.082          |
| DSPN4            | 97.838±0.201          |
| DSPN5            | 88.692±0.127          |
| DSPN6            | 78.685±0.197          |
| DSPN7            | 98.852±0.114          |
| DSPN8            | 98.711±0.074          |
| DSPN9            | 80.170±0.154          |
| DSPN10           | 98.534±0.216          |
| DSPN11           | 98.168±0.267          |
| DSPN12           | 90.778±0.127          |
| DSPN13           | 97.909±0.124          |
| DSPN14           | 99.580±0.070          |







| Table 2.14: Value and states of per | rcentage drug loading | g of all prepare | d formulations |
|-------------------------------------|-----------------------|------------------|----------------|
|-------------------------------------|-----------------------|------------------|----------------|



The percentage drug entrapment and percentage drug loading of all prepared formulations were determined to be in the ranges of 78.685±0.197% to 99.606±0.102%, 14.165±0.027% to 17.376±0.020%, respectively, according to Tables 2.13 and 2.14. The improved formulation's

percent drug loading and percent drug entrapment were found to be respectively 99.580±0.070% and 15.991±0.011%.

### 2.5.3 Micromeritic properties of prepared formulation

Micromeritic properties of all prepared formulations were shown in Table 2.15.

| Earmulation Code | Bulk density | Tapped density | Carrs index | Housen ratio   |  |
|------------------|--------------|----------------|-------------|----------------|--|
| Formulation Code | $(gm/cm^3)$  | $(gm/cm^3)$    | (%)         | Trausher Tatio |  |
| DSPN1            | 0.158±0.001  | 0.161±0.002    | 2.164±1.601 | 1.022±0.017    |  |
| DSPN2            | 0.157±0.001  | 0.160±0.002    | 1.567±1.631 | 1.016±0.015    |  |
| DSPN3            | 0.158±0.002  | 0.165±0.001    | 5.300±1.029 | 1.056±0.011    |  |
| DSPN4            | 0.156±0.002  | 0.164±0.001    | 4.932±1.489 | 1.052±0.016    |  |
| DSPN5            | 0.161±0.001  | 0.167±0.002    | 3.821±0.920 | 1.040±0.010    |  |
| DSPN6            | 0.159±0.003  | 0.162±0.003    | 1.776±1.987 | 1.018±0.021    |  |
| DSPN7            | 0.154±0.004  | 0.165±0.001    | 6.877±0.771 | 1.074±0.009    |  |
| DSPN8            | 0.151±0.002  | 0.163±0.004    | 7.324±1.432 | 1.079±0.017    |  |
| DSPN9            | 0.153±0.002  | 0.164±0.001    | 6.931±0.564 | 1.075±0.006    |  |
| DSPN10           | 0.154±0.001  | 0.161±0.002    | 4.321±1.090 | 1.045±0.012    |  |
| DSPN11           | 0.161±0.003  | 0.162±0.003    | 1.006±0.079 | 1.010±0.001    |  |
| DSPN12           | 0.159±0.002  | 0.163±0.004    | 1.996±0.822 | 1.020±0.009    |  |
| DSPN13           | 0.156±0.003  | 0.158±0.001    | 1.539±0.673 | 1.016±0.007    |  |
| DSPN14           | 0.151±0.001  | 0.157±0.001    | 2.224±0.796 | 1.034±0.001    |  |

 Table 2.15: Micromeritic properties of all prepared formulations

For all prepared formulations, it was discovered that the bulk density, tapped density, carr's index, and hausner ratio all fell within the following ranges:  $0.151\pm0.001$ gm/cm<sup>3</sup> to  $0.161\pm0.001001$ gm/cm<sup>3</sup>,  $0.157\pm0.001001$ gm/cm<sup>3</sup> to  $0.167\pm0.002001$  gm/cm<sup>3</sup>,  $1.006\pm0.079\%$  to  $7.324\pm1.432\%$ ,  $1.016\pm0.007$  to  $1.079\pm0.017$ . Tapped density, carr's index, bulk density, and Hausner ratio data for the optimized formulation was found to be  $0.151\pm0.001001$  gm/cm<sup>3</sup>,  $0.157\pm0.001001$  gm/cm<sup>3</sup>,  $2.224\pm0.796\%$  and  $1.034\pm0.001$ .

On the basis of above evaluation parameters, DSPN14 formulation was selected for further evaluation.

## 2.5.4 Particle size and Zeta Potential

Table 2.16: Vesicle size, PDI and Zeta Potential of DSPN14 formulation

| S.No. | Formulation | Vesicle size | ורופ  | Zeta Potential |
|-------|-------------|--------------|-------|----------------|
|       | code        | (nm)         | I DI  | (mv)           |
| 1     | DSPN14      | 348.9        | 0.122 | -21.8          |







Figure 2.9: Zeta Potential distribution graph of DSPN14 formulation

It was discovered that the optimized formulation DSPN14's globule size and PDI value were 348.9 nm and 0.122. (Figure 2.8). In addition to the negative zeta potential that is implied by the arrangement of these emulsifiers at the oil-water interface and the various polar head groups that make up lecithin, they also impart a negative (21.8 mV) (Figure 2.9).

#### 2.5.5 Identification of pure drug (FT-IR spectra)

FTIR spectrum of pure drug silymarin and the optimized formulation was shown in figure 2.10-2.11



Figure 2.10: Graph of FTIR spectrum of silymarin



Figure 2.11: Graph of FT-IR Spectra of Silymarin loaded proniosomes

## Transmission electron microscopy

TEM micrograph indicated a homogeneous distribution of small, spherical globules of the nisomes. (Figure 2.12)



Figure 2.12: TEM micrograph of formulation DSPN14

## 2.5.7 Percentage dissolution of the silymarin-loaded proniosomes formulation

Comparison of the percentage dissolution between pure drug and silymarin loaded proniosomes shown in Table 2.17.

**Table 2.17 :** Value and states of Percentage drug study of percentage dissolution between

 pure drug and silymarin loaded proniosomes

| Time<br>(min.) | % Dissolution<br>of pure drug in<br>0.1HcL | % Dissolution of pure<br>drug in Phosphate<br>buffer pH 6.8 | % Dissolution<br>of formulation<br>DSPN14 in<br>0.1HcL | % Dissolution of<br>formulation DSPN14<br>in Phosphate buffer<br>pH 6.8 |
|----------------|--|---|--|---|
| 0              | 0.00±0.00                                  | 0.00±0.00   | 0.00±0.0   | 0.00±0.00   |
| 5              | 3.840±0.056                                | 3.163±0.113   | 65.228±0.338   | 84.701±0.340  |
| 10             | 7.237±0.068                                | 8.955±0.203   | 93.135±0.563   | 94.965±0.675  |
| 20             | 10.156±0.070                               | 11.024±0.023  | 95.044±0.565   | 97.113±0.338  |
| 30             | 14.238±0.090                               | 14.103±0.034  | 98.624±0.225   | 97.670±0.228  |
| 60             | 14.326±0.056                               | 14.652±0.045  | 98.181±0.113   | 98.704±0.338  |
| 120            | 14.533±0.011                               | 14.708±0.035  | 99.341±0.118   | 98.943±0.225  |





According to Table 2, after 30 minutes, the amount of silymarin that was dissolving from the proniosome was more than 97-98% in both buffer HCl (pH 1.2) and phosphate buffer solution (pH 6.8), as opposed to the 14-15% of pure silymarin drug from the pure drug. Because silymarin is more soluble in proniosomes, this might be the case. This was most likely brought about by the fact that silymarin was dispersed in the proniosome powder in a molecular or amorphous state, and that the proniosome powder's vast surface area increased the drug's rate of drug dissolution, resulting in faster dissolution.

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## 2.5.8 In vitro drug release study

Figure 2.14 and Table 2.18 illustrated silymarin releases from proniosome formulations and pure drug suspension.

**Table 2.18:** Comparison of the in vitro drug release profile of the silymarin from a pure drug suspension and proniosome powder

| Time<br>(hr.) | % Drug release of<br>pure drug<br>suspension | % Drug release<br>of formulation<br>DSPN14 |
|---------------|--|--|
| 0             | 0.00±0.0                                     | $0.00{\pm}0.0$                             |
| 0.25          | 7.367±0.22                                   | 16.597±0.113                               |
| 0.5           | 15.562±0.46                                  | 22.961±0.338                               |
| 1             | 19.699±0.25                                  | 29.406±0.450                               |
| 2             | 23.121±0.20                                  | 39.908±0.455                               |
| 4             | 27.815±0.24                                  | 53.672±0.563                               |
| 8             | 31.952±0.23                                  | 68.630±0.570                               |
| 10            | 37.442±0.20                                  | 82.155±0.250                               |
| 12            | 37.999±0.16                                  | 97.749±0.788                               |
| 24            | 38.396±0.18                                  | 99.261±0.450                               |





# Figure 2.14: Comparison of the in vitro drug release profile of the silymarin from pure drug suspension and proniosome powder DSPN14

In buffer solution (pH 1.2 or 6.8), proniosome formulation released silymarin at a rate that was significantly higher than that of the pure drug suspension. In comparison to proniosome formulation, silymarin pure drug suspension released  $38.396\pm0.18\%$  of the medication after 24 hours while proniosome formulation released  $99.261\pm0.450\%$ .

## 2.5.9 Percentage drug release kinetic study

Percentage drug release kinetics parameters of the release of the silymarin from the optimized proniosome formulations DSPN14



Figure 2.15: Zero order kinetic model



Figure 2.16: First order kinetic model



Figure 2.17: Higuchi order kinetic model



Figure 2.18: Korsmeyer Peppas order kinetic model

The Higuchi model, which has a greater value of the regression coefficient than the other models, best explains the release of silymarin from the proniosome formulations, according to Figures 2.15-2.18.showed the highest absorbance at 288nm when.

#### **CONCLUSION:**

The silymarin loaded proniosome was produced for the current investigation to enhance silymarin's oral bioavailability and dissolution. The melting point of silymarin was found to be 158.330C±0.58-1600C±1.00 during preformulation research. Silymarin (10µg/mll) concentration showed highest absorbance at 288nm when scanned between 200 and 400nm. By drawing a graph between the absorbance and concentration, a standard calibration curve was constructed in the range of 2-20µg/ml. With an R2 value of 0.999, the regression equation Y = 0.0404x + 0.0062 demonstrated good linearity. Silymarin had the highest solubility in chloroform, followed by methanol, and had the lowest solubility in pure water. Silymarin's n-octanol:water partition coefficient reveals that the medication has a lipophilic character. Using a previously described slurry approach, proniosome of Silymarin were effectively produced.In preliminary screening research, cholesterol levels and span 60 molecules from 200µM to 800µM were examined in relation to proniosome production and the proportion of silymarin that was entrapped in proniosomes. The optimal silymarin proniosome was swiftly prepared using the response surface approach and design expert software based on the results of the initial screening of the process parameters. The design space was established using the effective operating ranges of the formulation parameters, such as the amounts of cholesterol (400-600µM) and span 60 (400-600µM). A threedimensional graph showed that as the concentration of the span 60 increased, more space in the proniosomes became available for silymarin encapsulation. Up to a particular concentration, the hydrophobic interaction between hydrophobic drugs also boosts the percentage of silymarin drug entrapment. However, when the concentration of the span 60 was increased further, no further improvement of the drug entrapment and drug loading was shown. The efficiency of entrapment has grown along with the content of cholesterol. This might be adequately explained by the fact that the inclusion of cholesterol increases the hydrophobicity and stability of the bilayer while also reducing its permeability. This effectively intercalates hydrophobic drugs into the bilayer's hydrophobic core, resulting in an increased drug payload. The results with high cholesterol content, however, could not be extrapolated, and on the contrary, the entrapment values decreased as the cholesterol concentration in the formulation increased. Higher levels of cholesterol may compete with the drug for packing space in the bilayer during the development and may also disrupt the bilayer's linear regular structure, which would impede the accommodation of drug molecules. The final optimized formulation was prepared with a composition of the Amount of SPAN 60

and Amount of cholesterol is 591.32µM and 588.54µM. The range of the percentage yield for all prepared formulations was found to be between 99.087±0.338% to 99.821±0.259%. The percentage drug entrapment and percentage drug loading of all prepared formulations were determined to be in the ranges of 78.685±0.197% to 99.606±0.102%, 14.165±0.027% to 17.376±0.020%, respectively. The improved formulation's percent drug loading and percent drug entrapment were found to be respectively 99.580±0.070% and 15.991±0.011%. The finding of the study suggested the optimized formulation DSPN14's globule size and PDI value were 348.9 nm and 0.122.. In addition to the negative zeta potential that is implied by the arrangement of these emulsifiers at the oil-water interface and the various polar head groups that make up lecithin, they also impart a negative (21.8 mV). TEM micrograph indicated a homogeneous distribution of small, spherical globules of the nisomes. After 30 minutes, the amount of silymarin that was dissolving from the proniosome was more than 97-98% in both buffer HCl (pH 1.2) and phosphate buffer solution (pH 6.8), as opposed to the 14-15% of pure silymarin drug from the pure drug. Because silymarin is more soluble in proniosomes, this might be the case. This was most likely brought about by the fact that silvmarin was dispersed in the proniosome powder in a molecular or amorphous state and that the proniosome powder's vast surface area increased the drug's rate of drug dissolution, resulting in faster dissolution. In vitro drug release study, In buffer solution (pH 1.2 or 6.8), proniosome formulation released silymarin at a rate that was significantly higher than that of the pure drug suspension. In comparison to proniosome formulation, silymarin pure drug suspension released 38.396±0.18% of the medication after 24 hours while proniosome formulation released 99.261±0.450%. The Higuchi model, which has a greater value of the regression coefficient than the other models, best explains the release of silymarin from the proniosome formulations.

#### **CONFLICT OF INTEREST**

The authors have no conflicts of interest regarding this investigation.

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